

FOOD AND DRINK POLICY**Four Lanes Community School**

Name of Unit/Premises/Centre/School	Four Lanes Community Junior School
Date of Policy Issue/Review	November 2014 (review 2017)
Name of Responsible Manager/Headteacher	Corinne Martinez
Signature of Responsible Manager/Headteacher	

FOOD POLICYAim:

To ensure that all aspects of food and nutrition in school promote the health and well-being of the children, staff and visitors to the school.

Objectives:

This policy describes the principles, procedures and responsibilities related to food and drink in school.

1. Principles:

School meals:

- The school provides free school meals to all children who are entitled to them.
- All school meals provided will meet the government's nutritional guidelines.
- The children have a choice of meal which is freshly made to order.
- Children are able to sit with friends when eating meals, where possible.
- Fresh drinking water is available.
- The catering company provides specially prepared meals for children with special diets.
- The manager of the catering company is invited to talk to new intake parents in order to encourage use of this provision.
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2. Procedures:

Packed lunches:

- The school provides facilities for children to eat packed lunches brought from home. nuts or sweets.
- Any food left in lunch boxes is sent home and children are not allowed to share or swap food.
- Fresh drinking water is available.

Snacks:

- We request that children only bring fresh fruits or vegetables for break time snacks.
- We ask that nuts or sweets must not be brought to school due to the number of children with severe nut allergies.

CHILDREN'S SERVICES HEALTH & SAFETY

Drinks:

- The school encourages staff and children to drink at frequent intervals during the day. During hot weather and after physical activity, children are encouraged to drink more water.
- Bottles should be taken home daily to be washed.
- Fresh water is available to staff and children throughout the day.
- The school requests that children bring a bottle of unflavoured water to school for drinking in class.

Curriculum:

- Healthy eating is promoted in the PSHE curriculum, Design and Technology, Science Curriculum and other curriculum areas as appropriate. The children are taught the value of a balanced diet and how diet affects health.

3. Responsibilities:

Headteacher:

- To have responsibility for the day-to-day implementation of the policy.

Person responsible for the School Council:

- To provide opportunities for consulting with pupils about all aspects of food in school

4. Summary for parents:

A summary of this policy will be included in the school welcome pack